

Individual Spiritual Formation Plan

SAMPLE

Date: Sept 2009 **Birthdate:** 10/31/01

Name:

Phone:

Parents:

Church Coordinator:

Ministry Leaders/Teachers (names and roles):

Sundays 1st grade teacher
Helpers

Wednesdays GEMS leader
Helpers

Child's Story

Meaghan was born prematurely at 24 weeks gestation and needed to spend most of the first year of her life in the hospital. She came home with a tracheotomy and feeding tube and needed to have oxygen supplementation. She continued to enter the hospital on and off for the next few years. Meaghan is totally blind and also has chronic lung disease. In spite of her health issues, Meaghan is a happy, beautiful child.

Areas of Strength

Meaghan is still very young, but her strengths are starting to shine through her difficulties. She loves music and already has an aptitude with the piano. When comfortable in a situation, she is a very happy little girl. She enjoys the park and playing on the swings. She loves to hear stories which allow her a further glimpse into the world.

Areas of Difficulty

Because of her visual impairment, Meaghan has difficulty moving around on her own. Her other senses are especially sensitive, which can be beneficial, but noise/crowds can be overwhelming and unsettling. As a consequence of her visual impairment but also her feeding tube and respiratory issues, Meaghan has some difficulty with eating with some foods but has made great progress in this area..

Physical Accommodations

Meaghan needs assistance when maneuvering around the building and church grounds. Currently, she has a cane and will use it when moving in and out of the building. In regards to snacks, parent approval is required before offering Meaghan snacks and drinks; certain foods are more difficult for her to swallow than others. She has made

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improvements in the last year, but it is important to continue checking with parents prior to offering foods.

Staffing Accommodathins

Meaghan will be paired with a buddy/helper to assist her in moving around the building but also with adjusting lessons and facilitating social interaction. The helper will be encouraged to be the "eyes" for Meaghan, describing things as needed and reminding her of steps necessary for safety and understanding.

Curriculum Accommodations

Upon introduction to new kids and adults, Meaghan likes to make a physical connection with them by their offering of a hand for her to touch. Also, it is important to foster in all kids in the classroom a deeper understanding and appreciation for Meaghan, her gifts, and disabilities. Drawing upon Meaghan's other senses during lessons would be enriching for her. As stories are being read and pictures shown, allowing Meaghan and the other kids to touch objects related to them would help in further insight and understanding. Furthermore, incorporating smells, sounds, possibly taste, as well as touch into the lessons can be rewarding. Also, puff paints can be used to outline objects in a picture so that Meaghan can feel the picture instead of see it. Also when possible Brailleing the lessons will be done. Please encourage her to read the Braille when possible.

Worship Service Accommodations

None at this time.

Important Reminders (Health Issues)

Meaghan has chronic breathing issues which are being treated at home; encouraging hand washing and proper hygiene by all kids would be helpful in keeping all children, including Meaghan, healthier. Snack time adjustments will be made according to parents' desires. In regard to potty training, Meaghan is wearing panties but may need to visit the toilet often since she may not always tell you when she needs to go.

Spiritual Goals

Accommodating Meaghan's needs, fostering her gifts, and forming social connections for her in the various programs at Calvary are a priority. It is a goal to allow Meaghan, a gifted child of God, to feel safe, secure, and important at Calvary and in the family of God.

Parent Signature

Date